



Becoming an RYA Windsurfing Trainer

Teaching within the RYA's national schemes is progressive. You can develop your skills and qualifications by taking the next step on the instructor ladder, working towards Senior Instructor level, further your coaching skills with the Advanced Instructor course and, ultimately, becoming a Trainer.

RYA Windsurfing Trainers are appointed on an annual basis and attend an update every five years.

To become a Trainer, you will need to meet the following pre-requisites:

- An experienced Intermediate Planing Instructor (ticket held for 3 years plus)
- Valid first aid certificate
- Powerboat Level 2
- Nomination from your Regional Development Officer

RYA Trainers need to be competent windsurfers, have good teaching and coaching skills, motivational and leadership skills, a positive and enthusiastic approach and good communication skills.

Overseas instructors are occasionally trained where required and should approach RYA HQ for further information.

The Trainers Course:

The course consists of several parts:

1. Completion of an application – (available via your RDO or RYA Training)
2. Pre selection - usually over a weekend
3. Apprenticeship/action plan
4. Five day training course

In addition to the above candidates should be able to:

- Demonstrate and teach any part of the National Windsurfing Scheme up to and including Intermediate Planing and clinics.
- Windsurf competently on a range of equipment in a variety of conditions
- Plan and manage a course involving sessions ashore and afloat
- Give formal presentations including the use of visual aids, showing an ability to chair and discuss